

Trainingsplan FC Giswil Frühlingsrunde 2015

		HP 1/2	HP 1/2	TP 1/3	TP 1/3	TP 1/3	sarnen	Lungern	Kerns
Montag	18:00								
	18:15								
	18:30					Jun. D9			
	18:45			Team C	Team C	Jun. D9			
	19:00			Team C	Team C	Jun. D9	Jun. B9		
	19:15			Team C	Team C	Jun. D9	Jun. B9		
	19:30			Team C	Team C	Jun. D9	Jun. B9		
	19:45			Team C	Team C	Jun. D9	Jun. B9		
	20:00			Team C	Team C	Jun. D9	Jun. B9		
	20:15			Team C	Team C		Jun. B9		
	20:30						Jun. B9		
	20:45								
	21:00								
	21:15								
21:30									
21:45									
22:00									
Dienstag	18:00	Jun. E	Jun. F						
	18:15	Jun. E	Jun. F						
	18:30	Jun. E	Jun. F						
	18:45	Jun. E	Jun. F						
	19:00	Jun. E	Jun. F						
	19:15	Jun. E	Jun. F						
	19:30	Jun. E	Jun. F	1. Mansch.	1. Mansch.	2. Mansch.			
	19:45			1. Mansch.	1. Mansch.	2. Mansch.			
	20:00			1. Mansch.	1. Mansch.	2. Mansch.			Veteranen
	20:15			1. Mansch.	1. Mansch.	2. Mansch.			Veteranen
	20:30			1. Mansch.	1. Mansch.	2. Mansch.			Veteranen
	20:45			1. Mansch.	1. Mansch.	2. Mansch.			Veteranen
	21:00			1. Mansch.	1. Mansch.	2. Mansch.			Veteranen
	21:15								Veteranen
21:30								Veteranen	
21:45									
22:00									
Mittwoch	17:00								
	18:00								
	18:15								
	18:30								
	18:45			Team C	Team C				
	19:00			Team C	Team C		Jun. B9		
	19:15			Team C	Team C		Jun. B9		
	19:30			Team C	Team C		Jun. B9		Senioren
	19:45			Team C	Team C		Jun. B9		Senioren
	20:00			Team C	Team C		Jun. B9		Senioren
	20:15			Team C	Team C		Jun. B9		Senioren
	20:30						Jun. B9		Senioren
	20:45								Senioren
	21:00								Senioren
21:15									
21:30									
21:45									
22:00									
Donnerstag	18:00	Jun. E	Jun. F						
	18:15	Jun. E	Jun. F					Jun. D9	
	18:30	Jun. E	Jun. F					Jun. D9	
	18:45	Jun. E	Jun. F					Jun. D9	
	19:00	Jun. E	Jun. F					Jun. D9	
	19:15	Jun. E	Jun. F					Jun. D9	
	19:30	Jun. E	Jun. F	Team Ba	1. Mansch.	1. Mansch.		Jun. D9	
	19:45			Team Ba	1. Mansch.	1. Mansch.		Jun. D9	
	20:00			Team Ba	1. Mansch.	1. Mansch.		Jun. D9	
	20:15			Team Ba	1. Mansch.	1. Mansch.			
	20:30			Team Ba	1. Mansch.	1. Mansch.			
	20:45			Team Ba	1. Mansch.	1. Mansch.			
	21:00			Team Ba	1. Mansch.	1. Mansch.			
	21:15								
21:30									
21:45									
22:00									
Freitag	18:00								
	18:15								
	18:30								
	18:45								
	19:00								
	19:15								
	19:30								
	19:45			2. Mansch.	2. Mansch.	2. Mansch.			
	20:00			2. Mansch.	2. Mansch.	2. Mansch.			
	20:15			2. Mansch.	2. Mansch.	2. Mansch.			
	20:30			2. Mansch.	2. Mansch.	2. Mansch.			
	20:45			2. Mansch.	2. Mansch.	2. Mansch.			
	21:00			2. Mansch.	2. Mansch.	2. Mansch.			
	21:15			2. Mansch.	2. Mansch.	2. Mansch.			
21:30			2. Mansch.	2. Mansch.	2. Mansch.				
21:45									
22:00									